 ****

|  |  |  |
| --- | --- | --- |
| 8:00-8:30 AM | Registration, Breakfast, Opening Remarks  | **Dimitrios Stefanidis, MD, Ph.D.** |
| 8:30-9:10 AM | *A Patient Panel: Living with Obesity, Patient Perspectives, Challenges and Triumphs* | **Sarah Muntel, RD** |
| 9:10-9:50 AM | *Tailored Interventions for Obesity: Case Studies in Adult Care* | **Dr. Selzer or Dr. Choi**Ashely Gilmore, MDAmar Chiruvella, MDKristen Welch, RDWilliam Hilgendorf, Ph.D. |
| 9:50-10:10 | Break and Vendors |  |
| 10:10- 10:50 | *Early interventions, Lasting Impact: Case Studies in Pediatric Obesity Treatment*  | **Megan Coughlin, MD**Rose Carr, MD Kathryn Adams, MDGrace Murray, RDKati Duncan, Ph.D. |
| 10:50-11:30 | *Keynote:* GLP1’s vs Surgery: The Evolving Landscape of Obesity Treatment. | **Dimitrios Stefanidis, MD, Ph.D** |
| 11:30-12:30 | Lunch |  |
| 12:30-1:10: | *Primary Care Strategies for Detecting and Managing Post op Complications* | **Tarik Yuce, MD**  |
| 1:10-1:50 | *Addressing Challenges with AOMs from a surgical and medical perspective* | **Ashley Gilmore, MD**  |
| 1:50-2:10 | Break for Vendors |  |
| 2:10-2:50 | *Engaging Patients through Motivational Interviewing in the Healthcare Setting* | **Ann Mary Montero, Ph.D.**  |
| 2:50-3:30 | *Essential Lifestyle modifications for Successful Bariatric Outcomes* | **William Hilgendorf, Ph.D.**Ginny McGee, RDMissy Tuck Kati Duncan, Ph.D. |
| 3:30  | Closing Remarks | **Dimitrios Stefanidis, MD, Ph.D.** |

**Innovative Approaches to Obesity: Prevention, Treatment and Future Directions**
Friday: September 12, 2025
Time: 8:00-3:30 PM